

# Knights of Columbus

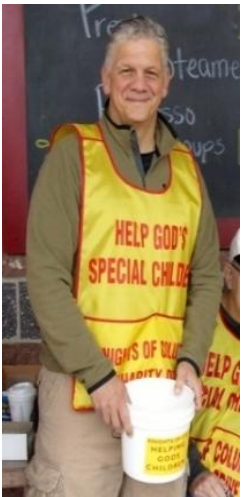
Council, No. 1031

Reading, Massachusetts 01867

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## THE SWORD AND ANCHOR FEBRUARY 2016

*Charity – Unity – Fraternity – Patriotism  
Live your Faith!*



Brothers,

I know we are all disappointed not to be looking forward to another Patriots Super Bowl but at least we are not buried in snow (yet) and pitchers and catchers report right around the corner!

As we prepare for the Lenten season and a new deeper intimacy with God we also prepare for our recruitment blitz' slated for St. Athanasius on January 30 & 31<sup>st</sup> and St. Agnes on February 6<sup>th</sup> and 7<sup>th</sup> after all Masses. Your support is needed. Please plan to be available at the end of Mass to greet potential new members, hand out material and tell them **your** story of why **you** joined the Knights! If we all get behind this blitz it will be successful.

Thanks for your support. Let us live our faith, show our face to our parishes in our recruitment drive so we can continue to do more for them and our community.

Let's all make this the year that we increase our participation in Council Activities. And remember brothers we practice; Charity-Unity-Fraternity-Patriotism and we live and practice our Faith as Catholic Gentlemen.

In Christ, Tom Cappuccio, Grand Knight

### **Sick and Vigil:**

FS Charlie Fallon was recently found to have Pancreatic Cancer. He is at home and is receiving Chemo therapy. Our prayers are with you during this difficult time as we all look forward to your recovery.

PGK Bob Castine is at home. He has Parkinson's and finds it difficult to get out. He would love to have visitors, 1 Elderberry Lane Apt. 209, or call him at 781-779-8286.

## A GOOD KNIGHT THOUGHT

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### LONELINESS VS SOLITUDE

We haven't had a lot of snow so far this year (and I hope mentioning that doesn't jinx us) but even with bitter cold—and our tendency then to stay inside where it's warm—can sometimes affect our attitudes and feeling. We may, for instance, begin to feel all alone, or even lonely!

Spiritual writer Henry Nouwen however, cautions us that all human beings are alone, that is: “No other person will completely feel like we do, think like we do, act like we do. Each of us is unique, and our aloneness is the other side of our uniqueness. The question is whether we let our aloneness become loneliness or whether we allow it to lead us into solitude. Loneliness is painful; solitude is peaceful.”

In fact, solitude is a good basis for study, reading, prayer, and reflection which could bring us closer to God, and as things quiet down in the deep of winter, we should reject loneliness and take advantage of the solitude the season offers.

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DEACON NEIL

#### **February Birthdays:**

2/3 Steve Gagnon, 2/4 Mike Fennelly, 2/6 Ed McCabe, 2/10 David Defelice, 2/12 Larry Byron, Mike Flaherty, 2/13 Dan Gray, 2/14 Len Ebert, 2/16 Mike Gildea, 2/19 William Fox, 2/22 Robert Haley, 2/25 Mark Notarangeli, Tim Failla, 2/27 Dennis Symes, 2/28 Mark Spengler

#### **Birthday Reward:**

Visit the lounge during the month of your birthday and Steve will be happy to present you with a free drink of your choice.

#### **Your Help is needed to update our Records:**

If your birthday is incorrect let us know. Email John Silva at [jasilva397@aim.com](mailto:jasilva397@aim.com) or call 781 944 4285

#### **Bulletin Advertisers:**

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#### **K of C Basketball Free Throw competition:**

This is a very popular event for the community and although regionals are held at Coolidge Middle School later in the year our council has not always taken part in it due to lack of leadership. Thanks to PGK Mike Canavan who has once again volunteered to chair this event. It will be held January 31 from 1:15 – 3:30 PM. at the RHMS Field House.

Winners of this event will advance to the Northern Regional Free Throw contest to be held at the Coolidge Middle School on Mar. 19<sup>th</sup>. We had a very successful event last year with 24 youngsters (boys and girls from 9 – 14 years old) participating.

Plenty of help is needed. If you are able to assist please sign up at:

<http://www.signupgenius.com/go/30e044cadae2eab9-knights>

Participants may register at:

<http://www.signupgenius.com/go/30e044cadae2eab9-kofc>

### **Communion Breakfast:**

This year's Communion Breakfast will be held on Sunday March 13 with Mass at St Agnus followed by breakfast at the K of C Enos Hall. This popular event is open to family and friends so mark your calendars. There will be a sign-up sheet in next month's bulletin.

### **Let's Help Charlie:**

As noted earlier our Financial Secretary, Charlie Fallon is fighting an aggressive form of cancer. It would be a big help to Charlie if his Brother Knights would send in their dues ASAP. This would avoid the need for him to send a second mailing.

### **Recruitment Drive:**

All Brother Knights are asked to help out at the upcoming recruitment drive to be held after all Masses. It will be held at St. Athanasius the weekend of Jan. 30-31 and at St. Agnus on Feb. 5-6. You are asked to meet at the rear of the church after Mass to greet potential new members and hand out material.

### **Callers:**

Can you help!! Additional callers are needed to be sure this is not a burden carried by a few. You will receive a list of names, no more the 10 to call on occasion. These calls are needed to get the word out about special events, maybe 3 - 4 times a year.

### **Bulletin Update:**

Jim O'Leary has picked up the baton as editor of our monthly bulletin. You can reach Jim at jimoleary@live.com with input; he would especially like information relative to brothers in distress.

Ernie Arsenault will continue to distribute hard copies of the bulletin to brothers that do not wish to receive their copy via email. He can be reached at ernea101@gmail.com or 944-9083.

### **Communion Breakfast History:**

At a recent meeting when we were checking the date for this annual event some questioned why it's called "Communion Breakfast" rather than "Mass/ Breakfast"?

The name predates Vatican II at a time when receiving communion was not as common as it is today. Only a relatively small percentage of those at Mass would receive communion. During this period a person would normally go to Confession within a few days of receiving the host at Mass in order to be sure that the temple of their body has been swept clean and they are ready to receive Jesus.

The Communion Breakfast was started in order to be sure that all Knights met their obligation to receive communion at least once a year. It was always held on the Sunday before Palm Sunday, two weeks before Easter and was one of the highlights of the year.

Maybe it's time to change the name, possibly "The Knights Annual Mass and Breakfast".

### **Support the Lounge – Hours of Operation:**

Mon, Tues, Wed. - 4:00 to 9:00

Thurs., Fri. Sat. - 4:00 to 11:00

### **Council Calendar:**

Jan. 30-31	Recruitment Drive at St. Athanasius
Jan. 31	1:45 Free Throw at the RMHS Field House
Feb. 6-7	Recruitment Drive at St. Agnes
Feb. 9	8:00 PM Council Meeting
Feb. 10	Ash Wednesday
Feb. 23	8:00 PM Council Meeting
Mar. 13	9:00 AM Communion Breakfast

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